

# Fun, Friendship and Fraternity.....



## 4<sup>th</sup> Scottish Golden Oldies Rugby Festival

**Madras RFC, St Andrews Saturday 19<sup>th</sup> May, 2012**

Dear Golden Oldie Friend,

After three successful Festivals held in Perth, Organisers are hoping for a large turnout of Teams to support the 4<sup>th</sup> Scottish Festival being held at Madras RFC on Saturday 19<sup>th</sup> May, 2012.

Please complete and return your Registration Form etc, as soon as possible and Entry Fees for Players and Supporters will be collected on Registration at the Festival, from 9.00 am. Teams / Supporters are advised that due to the Terms of the Beer Tent License, you are not permitted to bring your own Alcohol Supply into the Field! Places are limited, so enter your Team NOW !!

Please read all the attached information and ensure your Team is also aware of the Conditions of Play and after having read the details, all sign the Waiver Control Form. If you can, please display the Festival Poster. I hope your Club shall wish to become a Full Member of SGOR and complete the attached Form.

If your Club cannot raise a full Team, but have some interested Players, contact another local side and make up a ' Touring XV ' Or. Register as individuals.....you'll definitely get a Game. Contact me if you have any problems.....Please spread the Golden Oldies Rugby Word.....

Yours in Sport,

*Dave McDonald*

*Scottish Golden Oldies Rugby President*

*scottishgoldenoldiesrugby@hotmail.com*

***Will each team registering please send a team photo and a couple of action shots along with a short story about your team to - scottishgoldenoldiesrugby@hotmail.com***

Add your Club info to - [www.pitchero.com/clubs/scottishgoldenoldiesrugby](http://www.pitchero.com/clubs/scottishgoldenoldiesrugby). Advertising, at very competitive Rates, is required for the proposed Festival Brochure. If you can obtain an Advert, or wish more info, e-mail - [dave.mcdonald@btconnect.com](mailto:dave.mcdonald@btconnect.com) / 07866 910 865



**Calling ALL Scottish Golden Oldies Players !!**

*The 4<sup>th</sup> Scottish Golden Oldies Rugby Festival  
will be held at Madras RFC, St Andrews  
on Saturday 19<sup>th</sup> May, 2012*

*Registration from 9.00am*

**All Interested in Golden Oldies Rugby are Welcome !!**

*The Annual General Meeting will take  
place at end of the Festival,  
following the Awards Presentation.*

***Beer Tents / Catering***

***Advertising Space is available in the Festival Brochure***

*Further information is available from Dave on 07866 910 865 or  
dave.mcdonaldbtconnect.com*

***[www.pitchero.com/clubs/scottishgoldenoldiesrugby](http://www.pitchero.com/clubs/scottishgoldenoldiesrugby)***

**SPECIAL GOLDEN OLDIES HOTEL RATES HAVE BEEN ARRANGED FOR THOSE  
WISHING TO STAY OVER.....CONTACT US FOR DETAILS.**

# Golden Oldies Rugby Playing Laws

Fuller Details relating to the Laws and Levels of Play, which I recommend you peruse, can be found on

[www.europeangoldenoldiesrugby.com](http://www.europeangoldenoldiesrugby.com) and [www.goldenoldiessports.com](http://www.goldenoldiessports.com)

This is a Golden Oldies Rugby Festival, and the *Fun, Friendship and Fraternity* which is the Golden Oldies Motto must be evident at all times.

The following Festival Playing Laws have been approved by the European Golden Oldies Rugby Festival Committee and the World Golden Oldies Rugby Committee.

The Festival will run to Golden Oldies Festival Rules.

All Players must be correctly attired for Golden Oldies Rugby at all times including footwear. (Low profile studs or grass sport shoes). NO METAL STUDS WILL BE PERMITTED! )

These Golden Oldies Laws do not permit offside play or unsportsmanlike behaviour and have been designed to increase the enjoyment of the Game, eliminating over-vigorous play and minimising the chances of injury.

The normal rules of Rugby as per the International Rugby Board (IRB) - Under 19 laws - shall apply with the following variations:

- All 8 forwards must remain bound in the scrum until the ball has been cleared.
- The halfback must not follow the ball around the scrum.
- There must be no pressure scrummaging or movement of the scrum. (i.e. non-contested set-scrums)
- There shall be no striking against the head by hookers.
- Defending players may kick the ball only in their own 22.
- In lineouts all 8 forwards must take part. All lineouts shall be set (no quick lineouts). No supporting (lifting) of jumpers is permitted.
- Teams scoring a try shall also restart the game by kicking the ball to the non-scoring team.
- There are no Kicks after a score.
- Unlimited substitution of players.
- Players must observe the offside rule, particularly that of remaining behind the hindmost foot at rucks, mauls and scrums; lineouts to a minimum of 10 metres.
- The game shall be played over two 20-minute periods.....or an alternative decided by the Festival Organisers
- No player may run more than 20 metres before passing the ball.
- All players **must** observe the restrictions on tackling 'older' players. These are identified by coloured shorts.
- Captains will be responsible for the behaviour of their players.
- Other variations may be organised at the discretion of both captains and the referees.

**Please ensure your Team are aware of the Golden Oldies Laws !!**

## Coloured Shorts

35 to 59 years Club or red shorts. If a player is wearing red shorts in this category it means he does not want to be tackled to the ground or pushed off his feet. Any player in red shorts may be 'held' in the spirit of GOR but NOT tackled.

60 to 64 years Red shorts can be *held* but not brought to the ground.

65 to 69 years Gold shorts Not to be tackled or held, may be touched and opponents may stand in front.

70 to 79 years Purple shorts Not to be touched or obstructed in any way.

80 + years Special Committee shorts Not to be touched or obstructed in any way.

N.B. Club shorts are the normal coloured shorts worn by the club. These **MUST NOT** be red or gold or purple in colour.

## Levels of Competitiveness\*

This is a Festival of Golden Oldies Rugby and NOT a tournament. The results of games are not listed. ALL teams are winners as long as they participate in the spirit of Golden Oldies Rugby; Fun, Friendship and Fraternity.

That being said, there is room for differing level of competitiveness. Teams will be grouped according to their choice of competitiveness to ensure that everyone plays the sort of game they want.

Competitive - for teams consisting mainly of players 35-50

Semi-competitive - for teams consisting of payers with half over 50

Fun - for teams with only a few under 50 and various over 60

\* This is intended as a rough guideline to indicate what teams can expect to meet at these levels in terms of opposition. It does not preclude a team of 36-year olds opting for 3. Play should be adjusted accordingly

## Insurance

It is the responsibility of the Team Manager to make sure that all persons travelling with the team, whether playing in the games or not, is adequately insured for any injury or sickness that may occur during their stay at the Festival.

Neither the Organising Committee of this Festival, nor European Golden Oldies Rugby will be held liable for any costs incurred from any injury or sickness to any participants of the Festival. Team Managers will have to sign a document stating that all members of their party are adequately insured for these purposes.

# 4<sup>th</sup> Scottish Golden Oldies Rugby Festival Registration Form

If you wish to register a Team to play in the 4<sup>th</sup> *Scottish Golden Oldies Rugby Festival* please complete the Form below, and send to - Katie Barnett, 126 Osborne Place, Aberdeen AB25 2DU. Registration Fees shall be paid at the Festival Registration Desk on 19<sup>th</sup> May.

Team Name .....

Club associated with .....

Team Colours .....

Team Contact .....

Position in the Club eg President etc .....

Address .....

.....

.....Post Code .....

E-mail .....

Phone .....(H).....(M)

Number of Players ..... Number of Supporters - Adult.....Under 16.....

Do you have a G O Ref Yes No Please Circle

Oldest Player's Name .....Age.....

Entry Fee per person ( Players / Supporters ) £15. 00 per person

*This cost will include Festival Entry and Entertainment, a Food Voucher, Drinks Voucher and Souvenir Festival Programme*

Supporters / Children who do not pay the Entry Fee shall be responsible for supplying their own Catering Arrangements.

I agree that the Team I have entered for this Festival will comply with the Golden Oldies ethos of - **Fun, Friendship and Fraternity** - and that all Players are aged over 35 years. I also agree to distribute the Players' Waiver and get each Player to sign the Control Sheet before the Festival and hand in at the Registration Desk, on the 19<sup>th</sup> May. I also confirm that all attending the Festival has appropriate Personal Insurance.

Please remember to send a Team photo and a couple of action shots along with a short story about your Team.

Signed ..... Date .....

### 3<sup>rd</sup> Scottish Golden Oldies World Rugby Festival

#### Waiver and Release and Assumption of Risk Agreement

**ALL PLAYERS MUST READ THIS DOCUMENT AND THEN SIGN THE CONTROL SHEET.**

1. I fully understand the nature of the Activity and I confirm that there are no reasons (including any medical reasons) why I should not participate in the Activity in any way.
2. I am aware the Activity will be conducted in facilities that are open to the public during the Activity.
3. I fully understand and acknowledge that:
  - a) The Activity involves risk and that there is a danger of serious bodily injury, including permanent disability, paralysis or death of either myself or of any other participant of the Activity "Risks"
  - b) Damage, loss or costs may be caused by: my own actions or inactions; the actions or inactions of another participant in the Activity; the conditions under which the Activity takes place; or the actions or inactions of the "Releasees" (as named below); and
  - c) There may be other risks and/or social and economic losses either known to me as at the date of this waiver and release or not readily foreseeable at this time.
4. I fully accept and assume all risks referred to in paragraph 3 above (including the Risks) and I assume all responsibility for losses, costs and damages suffered or incurred by the Releasees as a result of my participation in the Activity.
5. I acknowledge that it is recommended that I have health and injury insurance and that I may be required to confirm this in writing if required to do so by a representative of the organizers of the Activity.
6. I acknowledge that I have sole responsibility for my personal possessions and/or sporting equipment during the Activities and will make no claim against any of the Releasees in relation to any loss or damage to such possessions or equipment.
7. I hereby release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless Scottish Golden Oldies Rugby, the Festival Organisers, the Scottish Rugby Union, the Referees Society, Madras RFC and St Andrews Council.
8. Their respective administrators, directors, agents, officers, other volunteers and employees, owners and lessors of premises on which the Activity takes place (each considered one of the "Releasees") from all liability, claims, demands, losses or damages on my account caused or alleged to be caused by any action or inaction of the Releasees in whole or in part (including any negligent action or inaction of any of the Releasees).
9. I further agree that if, despite this waiver and release, I, or anyone on my behalf, makes a claim against any of the Releasees named above, I (or my executors, administrators, heirs, next of kin, successors or assigns (as the case may be) will indemnify, save and hold harmless each of the Releasees from any litigation expenses, attorneys fees, losses, liabilities, damages or costs that any of the Releasees may incur as the result of any such claim.

I have read this waiver and release and I confirm that I fully understand its terms and I understand that I have given up substantial rights by signing it. I have signed it freely and without any inducement or assurance of any nature. I intend that this waiver and release be a complete and unconditional release of all liability to the greatest extent allowed by law, and I agree that if any portion of this waiver and release is held to be invalid that the balance, notwithstanding, shall continue in full force and effect.

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Printed Name of Participant

Signature of Participant

Date

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Team Name

# WAIVER CONTROL SHEET

Team Name .....

Organiser Contact .....

E-mail .....

*All Team Players should sign this Control Sheet*

I have read the Conditions of Play and Festival Waiver Document

	Player Name ( PLEASE PRINT )	Signature
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If more space is required, please use overleaf.

## **Scottish Golden Oldies Rugby Membership Form**

Membership is now available for all interested in Golden Oldies Rugby in Scotland and is available in three Categories, **Ordinary** - Open to all participating in Golden Oldies Rugby, either as a **Team** or **Individual**, ( £ 20 per year ) and **Associate** ( £5.00 per year ) and **Honorary** – Decided at the discretion of the Executive Committee. Please spread the “ Golden Oldies ” Word to any Colleague or Friend involved with Golden Oldies Rugby. Join Us on Facebook !

Log onto - [www.pitchero.com/clubs/scottishgoldenoldiesrugby](http://www.pitchero.com/clubs/scottishgoldenoldiesrugby) - and join us and send your Team News !

**TEAM / INDIVIDUAL MEMBERSHIP** allows all your Club News / Events / Matches etc to be listed on the Official Website. You'll also get our regular SGOR Newsletter ; Priority Entry to SGOR Festivals and Events. Your Club will be entitled to One Vote at Open Meetings. It is also hoped to create a SGOR Discount Card.....details later.  
Annual Fee - £ 20.00 per annum.

**PLEASE PRINT**

Name of Team .....

Club ( if a Member ) .....

Address .....

.....Post Code.....

Contact Person .....

Phone .....(H).....(B).....(M)

E-Mail .....

Team Colours .....

**INDIVIDUAL MEMBERSHIP** Regular SGOR Newsletter ; Priority Entry to SGOR Festivals and Events. You will be entitled to One Vote at Open Meetings. It is also hoped to create a SGOR Discount Card.....details later. Annual Fee - £ 20.00 per annum.

Name .....

Address .....

.....Post Code.....

Phone .....(H).....(B).....(M)

E-Mail .....

Club .....

**ASSOCIATE MEMBERSHIP** Regular SGOR Newsletter; Priority Entry to SGOR Festivals and Events. You will be entitled to One Vote at Open Meetings. It is also hoped to create a SGOR Discount Card.....details later. Annual Fee - £ 5.00 per annum.

Name/ s .....

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Address .....

.....Post Code.....

Phone .....(H).....(B).....(M)

E-Mail .....

Club .....

**Please send your Cheque, made out to *Scottish Golden Oldies Rugby*, to  
Don Burns, 39 Dovecote Way Dunfermline KY11 8SX**





## Membership Form 2012

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### PLEASE PRINT

Name of Team / Club .....

Club Address .....

.....Post Code.....

Contact Person .....

Phone .....(H).....(B).....(M)

E-Mail .....

Team Colours .....

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Name .....

Address .....

..... Post Code.....

Phone .....(H).....(B).....(M)

E-Mail .....

Club .....

**Please send your Cheque, made out to *Scottish Golden Oldies Rugby*, along with this Form  
to - Don Burns, 39 Dovecote Way Dunfermline KY11 8SX**